

ESOTERIC BREAST MASSAGE

“We must free the woman to allow her to truly be in every way so that we can benefit from her living stillness and her natural nurturing ways”

~ Serge Benhayon 2007

Jane offers the esoteric breast massage which is a sacred form of healing technique for women based on the relationship of the lymphatic system with the ovaries and not the breasts themselves. This sacred technique helps heal many issues such as painful periods, polycystic ovaries, endometriosis, bloating/water retention, mastitis, pre menstrual and menopausal symptoms.

For a long time women have been accepting, or treating as normal, the fact that they get a few lumps in their breasts at every cycle or at some period in time. Some women have them all the time, but we need to understand that they are there to show us that something is not in harmony. If there is no harmony, there can be no true emanation.

The breasts are an area of a woman's body that is not fully comprehended for what it truly is. Of course, we know that the breasts are for feeding the developing young, but what is not known is that they emanate, if and only if they are clear, the 'light of nurturing'.

THE BREASTS CANNOT EMANATE THE 'LIGHT OF NURTURING' IF THE WOMAN IS NOT SELF-NURTURING.

Lack of self-nurturing is now a significant global problem and in particular for women, as it is the actual cause of breast cancer and its ill rise in our societies everywhere.



TO BOOK PLEASE CONTACT JANE ON:

+44 (0)7876 140 413

jk1@janekeep.co.uk

www.janekeep.co.uk

**THE ESOTERIC BREAST MASSAGE &
ESOTERIC HEALING WAS FOUNDED BY
UNIVERSAL MEDICINE / SERGE BENHAYON**

For further information please visit:

WWW.UNIVERSALMEDICINE.COM.AU

WWW.ESOTERIC-BREAST-MASSAGE.COM

WWW.ESOTERIC-HEALING.COM



“Making all life a form of light or making it all about energy is what the foundations of the livingness is all about. In the livingness we know all life as a form of energy and that it all occurs because of energy.”

~ Serge Benhayon, Arcane, Fiery Sutra 11, 2008

**JANE BRINGS A
PHILOSOPHICAL CONSCIOUSNESS TO**

true wellbeing, health & harmony in
organizations, teams & individuals through ...

ESOTERIC ORGANISATIONAL DEVELOPMENT,
FACILITATION & WRITING,
ESOTERIC COACHING,
SACRED ESOTERIC HEALING
& THE ESOTERIC BREAST MASSAGE.

+44 (0)7876 140 413

JK1@JANEKEEP.CO.UK WWW.JANEKEEP.CO.UK

BRINGING THE LIVINGNESS INTO WORKPLACES
Working with organizations, Jane offers esoteric organisational development, facilitation, & writing:

ESOTERIC ORGANISATIONAL DEVELOPMENT & FACILITATION

*“The true delivery of service begins first by delivering that same service to self in every way, and to others by the same manner, that are within the group, before the organisation can truly serve”
~ Serge Benhayon 2007*

Jane works with you and your organisation or team, in real time, on real challenges you are facing, or to create new opportunities. This includes facilitating meetings, events, organisational development and change projects, workshops, learning sets, communities of practice, team development, and small group work. This can involve moving organisations and teams in the workplace from the complicated change to simplification, from disengagement, or a lack of clarity to interconnected, self responsible, focused organizations and teams.

WRITING

Working with organizations, through her expression, Jane writes papers, articles, synthesizes documents, undertakes evaluations, scopes new ideas into option appraisals or proposals. She also works with individuals in aiding them in their writing from CVs to articles, to policies or papers. This can be undertaken face to face or virtually via email or telephone. Jane also writes her own work.

WORKING WITH INDIVIDUALS
Jane offers sacred esoteric healing, the esoteric breast massage and esoteric coaching.

ESOTERIC COACHING TO HARMONY

Coaching to harmony is a philosophically conscious coaching process where individuals focus on their own health, well being and harmony (whether personal, work-based, or otherwise) towards

- realizing the patterns and momentum created within ourselves that lead to illness, or a feeling of being 'out of balance'
- being able to respond and not react, observe and not absorb
- Learning to feel one's own harmony, and being able to spot changes in energy in self and others, and thus being able to take deeper responsibility when working through challenging projects, workplace issues, career choices or day to day living choices with focus and clarity

Jane also offers esoteric coaching, working with those who are working in corporate/organisational environments, on bringing their own esoteric expression and the livingness into the workplace, and in all they do, and to enable them to bring others in the workplace into the livingness.

Coaching can be face to face or by telephone, or Skype.

SACRED ESOTERIC HEALING

Esoteric means 'innermost'. During esoteric healing, the practitioner connects with the clients soul, so that true healing can occur.

Truth in healing is offered using a range of Sacred Esoteric Healing techniques including Energetic facial release, Esoteric back massage, and Healing with Stones, working on:

- what is truly underlying illness, disease and deeply held patterns within the body
- key organs (liver, spleen, pancreas, gall bladder) in the unfolding back to harmony,
- femaleness to enable deeper stillness and harmony within the body, this includes working with the lymphatics
- Harmonising energy levels (e.g. from kidney depletion)
- Specific issues such as self acceptance, self expression, and confidence.