



# *The Inner-Heart*

**The Inner-Heart practice offers a variety of treatments and services which promote true well-being, health and harmony for individuals, teams and organizations including:**

Esoteric healing & massage, facials, reflexology, soulful-herbs, specialised women's health, harmony in the home, financial health, counselling, coaching, workshops, discourse and meditation groups.

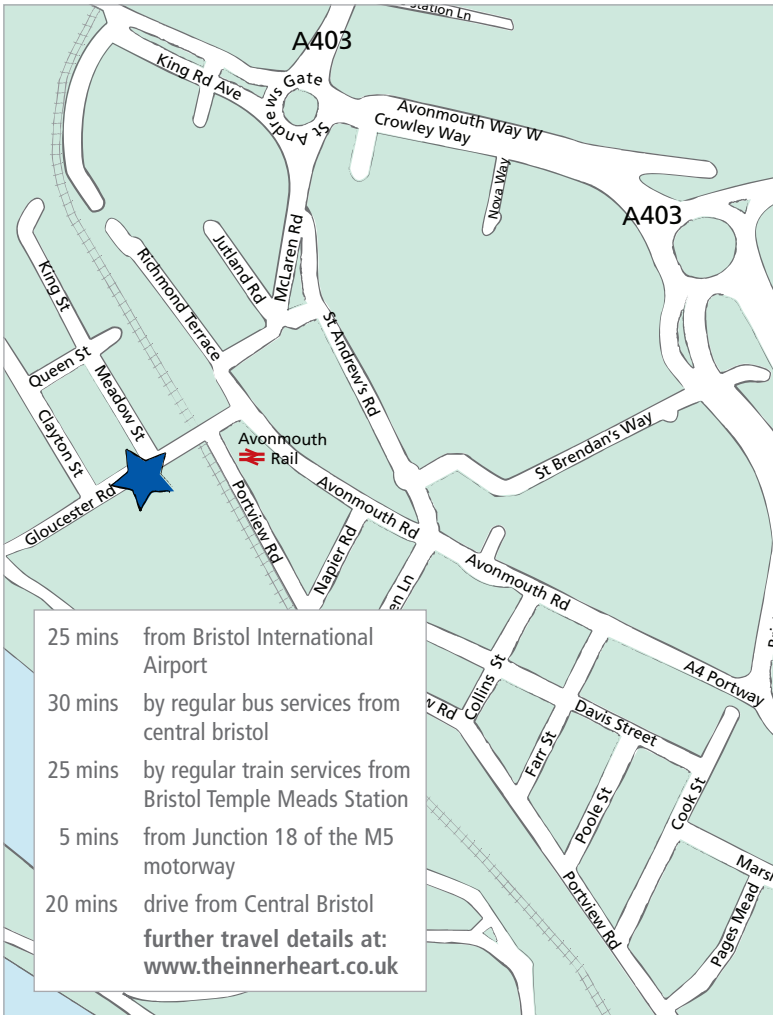
We also sell a range of esoteric products.

**Your enquiry is most welcome.**

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[www.theinnerheart.co.uk](http://www.theinnerheart.co.uk) ~ [contact@theinnerheart.co.uk](mailto:contact@theinnerheart.co.uk)



- 25 mins from Bristol International Airport
  - 30 mins by regular bus services from central bristol
  - 25 mins by regular train services from Bristol Temple Meads Station
  - 5 mins from Junction 18 of the M5 motorway
  - 20 mins drive from Central Bristol
- further travel details at:**  
[www.theinnerheart.co.uk](http://www.theinnerheart.co.uk)